

Hollywood u3a Newsletter

GENERAL MEETING

**Friday 27th June 2025 @10.30
In the Queen's Hall, Hollywood.**

Speaker Yvonne Dumas
Topic: "Travels in Iran"

Our own u3a member Yvonne Dumas will talk about her experiences of this intriguing country.

Groups

*AMBLERS COFFEE & CHAT
CANASTA GARDENING
LOCAL HISTORY LOOSE ENDS TAI CHI
EXPLORING THE SHORT STORY POINTS of VIEW
BIRDWATCHING FILM GROUP MINDFULNESS
YOGA for RELAXATION OUTDOOR BOWLING OUT & ABOUT*

NEWS AND ANNOUNCEMENTS

Contacting Group Leaders

On the u3a website you will find a list of all the current interest groups.

If you are interested in joining a group, the easiest way to contact the group leader is to click on the blue button labelled "CLICK HERE LEARN MORE".

You will find a simple form where you type in your name, contact details, and query. The group leader will receive a message and get back to you.

The u3a website is: www.hollywoodu3a.org.

Hollywood u3a Newsletter

Date for Your Diary.

AMBLERS

By special request:

Crawfordsburn beach and Country Park

Thursday 12th June at 10.30.

Meet at the car park on Fort Road Helen's Bay.

Car Share from CIYMS at 10 o'clock.

Tobar Mhuire Heritage Trail

Tobar Mhuire Retreat Centre.

16a Downpatrick Road, Crossgar, BT30 9EQ.

Thursday 26th June at 11 o'clock.

Meet at the walkers' car park

Car share from CIYMS at 10 o'clock.

Everyone is welcome to join us on the Ambles.

Extreme level of fitness not required.

BIRD WATCHING

We plan to go birdwatching on Friday 13th of June.

Venue still to be decided.

Group members will get further information nearer the time.

We are not planning to meet in July & August.

Starting again in September.

Arlene & Dorothy

CANASTA

Friday 6th and Friday 20th June at 10 o'clock.

Hollywood Golf Club.

Everyone welcome to learn, play or just watch.

We will not be meeting in July or August.

Hollywood u3a Newsletter

COFFEE & CHAT

McKees country store and restaurant
28 Hollywood Road, Newtownards BT23 4TQ
Tuesday 10th June at 10.30
All welcome.

EXPLORING THE SHORT STORY

Exploring the Short Story will be taking the usual hiatus over the summer, July and August, and starting up again on Wednesday, 10 September 2025.

Our final meeting before the break will be on Wednesday 11 June 2025 from half ten to half twelve via Zoom. Members will be sent a copy of the story at the beginning of the month and the Zoom link prior to the meeting. New members are always welcome.

Denise

FILM GROUP

The film club dates for June outings are Tues 3rd June early afternoon film and Friday 27th later afternoon showing.

Film details and timings will follow soonest when available.
All welcome at Dundonald Omniplex.
Meet in the foyer seating area 10 mins before the film starts.
New members welcome
Any queries please ask...

There will be no planned outings in July and August.

Honor

GARDENING GROUP

On Tuesday 10th June 2025 we are very fortunate to be having a Victorian Vignette guided tour of the Palm House and Tropical Ravine in Botanic Gardens Belfast.

LOCAL HISTORY

Wednesday, 4th June - Outing to the Ulster Aviation Society, outside Hillsborough.
Travelling in shared cars. Leaving Hollywood at 9am.
Cost: £7 each for the tour.

Hollywood u3a Newsletter

If you want to join in this outing, please bring £7 in a self-named envelope to book your place with Eric Woods or Audrey Lockhart at the General Meeting on 30th May.

No meeting in July

Wednesday, 6th August - Outing to Riddel's Warehouse and tour of the Queen's Bridge area. Tour Guide: Jason Burke.

Meeting at 11am at Elliott's Hire Shop. Musgrave Street, Belfast.
Cost: £10.

If you want to join in this outing, please bring £10 in a self-named envelope to the General Meeting on the 30th May to Eric Woods or Audrey Lockhart.

LOOSE ENDS

Dear Loose Enders. We had previously suggested a day trip to Greyabbey on Saturday 28th June.

We are putting you on notice that this event may be cancelled as Sandra has developed a temporary leg issue which makes walking and driving difficult.

An email will be sent to the Membership as soon as we review the situation. Many thanks for your patience.

OUTDOOR BOWLS

We play every Tuesday afternoon at 1.30pm for an hour and a half at Seapark sports grounds.

If you would like some relaxed recreation, please come along and give it a try.

All you need is a pair of flat shoes. We will have some bowls you can use.

The price is £3.80 per session or £45.60 for the season. Cash or cheque made payable to NCLT.

Diane and Ann

Hollywood u3a Newsletter

OUT AND ABOUT

Lunch after general meeting on 30th June.
Linen Lounge at Belfast Met Titanic.
Titanic Quarter Campus.
Queens Road BT3 9DT.
Restaurant is overlooking the SS Nomadic.

Hollywood u3a Newsletter

POINTS OF VIEW

The next meeting will be on 30th June. The topic for discussion has not yet been decided and members will be notified before the next meeting.

Dorothy

SMALL STUDY GROUP

The sixth and final meeting of the short study group, based on theme of Capitalism, will be on 4th June. Thus far we have been sticking closely to the theme and there have been lots of resources about capitalism. For our last meeting we want to move on to think about how we could achieve a cleaner, fairer world. The quotation by Antoine de Saint-Exupery seems to express where we are, but it will be really interesting to see what our group comes up with: "If you want to build a ship, don't drum up men to gather wood and give orders.... instead, teach them to yearn for the vast and endless sea". I expect we will end our course with just starting to learn.

Mary Anna

TAI CHI QIGONG

Tai Chi dates for June 3, 17, and 24.

Yvonne

"Quiet the mind and the soul will speak."

YOGA

There are no yoga classes planned for June, July and August. Restarting in September.