GENERAL MEETING

Friday 30th January 2025 in the Queen's Hall Holywood @ 10.30

Presentation by Matthew Warwick of the Ulster Scots Agency, complete with his bagpipes and flute, on Rabbie Burns.

Groups

AMBLERS COFFEE & CHAT
CREATING OUR OWN STORIES
CANASTA GARDENING GENEALOGY
LOCAL HISTORY LOOSE ENDS TAI CHI
EXPLORING THE SHORT STORY POINTS of VIEW
BIRDWATCHING FILM GROUP MINDFULLNESS
YOGA for RELAXATION OUTDOOR BOWLING OUT & ABOUT

NEWS AND ANNOUNCMENTS

Contacting Group Leaders

On the u3a website you will find a list of all the current interest groups.

If you are interested in joining a group, the easiest way to contact the group leader is to click on the blue button labelled "CLICK HERE LEARN MORE".

You will find a simple form where you type in your name, contact details, and query. The group leader will receive a message and get back to you.

The u3a website is: www.holywoodu3a.org.

AMBLERS

Thursday 8th January at 10.30 Stormont estate. Meet at the back gate on Massey Avenue.

Thursday 22nd at 10.30
Walk to Clarendon Dock.
Meet at Lanyon Place Station by main door.
Train leaves Holywood at 10.03
Sydenham at 10.07
Glider and bus stop at the door.

Happy new year to all the Amblers.

Joy

BIRD WATCHING

Happy New Year everyone.

In January our first visit of 2026 will be to the Waterworks on Friday the 9th Jan. Meeting at 10.30am

Parking is usually available on Brookvale Avenue near the entrance. Carshare will be available from CIYMS.

Further details will be sent to group members closer to the event.

Arlene & Dorothy

CANASTA

There will be no Canasta on Friday 2nd January. (You will be recovering from too much food and drink!)

Resumes on Friday 16th January at 10 o'clock. Holywood golf club. Happy new year to all the Canasta players.

Joy

COFFEE & CHAT

Tuesday 13th January at 10:30 The Arc Café. Orangefield Presbyterian Church. 464 Castlereagh Road. Belfast BT5 6BH.

Date for your diary.
Tuesday 17th February at 11.00.
Coffee and Chat with the mayor of Ards and N. Down.
Visit to Bangor Castle.
There may even be cake!

Joy

CREATING OUR OWN STORIES

Our third meeting was well into second week of December so naturally had quite a Christ-massy aspect to it, including mince pies. The main story was a Christmas one, which led to general conversation of memories on this theme.

We have reserved our room in the library until Easter.

Mary Anna.

Anyone still interested in joining, please email me. maryannahanse@btinternet.com

EXPLORING THE SHORT STORY

EtSS will be starting off the New Year with another short story and as always, another fabulous discussion on Wednesday, 14th January, 10.30-12.30 via Zoom.

Wishing you all a Happy New Year until we meet again!

Denise

FILM GROUP

Hello everyone...

Welcome to 2026 and Happy New Year.

The film outings in January will be Tuesday 13th early afternoon showing and Friday 30th early evening.

Film details and timings will follow soonest.

Meet at Dundonald Omniplex in the foyer seating area 10 mins before the film. I am currently reviewing continuing the Film group and will be in touch.

Honor

GARDENING GROUP

Our 2026 programme kicks off on Monday 19th January in the Old School House when Matthew Lee is coming to speak on "Horatio's Garden" a UK wide charity which in N Ireland is based at Musgrave Park Hospital. The garden supports patients from all over N Ireland with spinal injuries.

Elizabeth

GENEALOGY GROUP

We had a very successful session with PRONI staff on the subject of school records. In the new year we will be looking to help members of the group to break down their family tree brick walls.

Robert

LOCAL HISTORY

Wednesday, 7th January at 10.30am.

Topic: Strive and Survive: A social look at how settlers from Scotland to Ulster strived and survived following their arrival in the 17th century Plantation.

Meeting in the Con Auld Gallery, Holywood Library.

For further information, please contact Audrey Lockhart - lockhart440@btinternet.com

LOOSE ENDS

Loose Ends is on hold for now.

Sandra

OUTDOOR BOWLS

Now finished for the winter.

Diane and Ann

OUT AND ABOUT

Nothing arranged for January as yet.

Joy

POINTS OF VIEW

This group meets in the Old School House on the last Monday of each month at 10.30am.

January 26th topic 'What lies ahead for 2026?'

February 23rd topic 'Are we going to embrace gene therapy?'

Dorothy

TAI CHI QIGONG

Merry Christmas, Happy Holidays and a Happy New Year to one and all!

Thank you for your support throughout this past year and looking forward to seeing you all again in the New Year. Keep safe and strong until we meet again.

Starting Tai Chi Qigong on January 6th, 10:15 the Old School House.

Yvonne Dumas

"Quiet the mind and the soul will speak."

YOGA

Currently reassessing the viability of this group and will be in touch.

Barry