

Hollywood U3a July Newsletter

10TH ANNIVERSARY GENERAL MEETING

Friday 28th June 2024

@10.30

In the Queen's Hall, Hollywood.

Speaker: A representative from the National Trust will tell us about the Trust's current work programme.

Friday 30 August 2024

At 10.30 in the Queen's Hall

Speaker: Janet Wilson

**Topic: The wonders of the Galápagos Islands and Ecuador
Members will remember the wonderful talk Janet gave us quite recently on the subject of her 'pilgrimage' around Strangford Lough with her father.**

**NOTE: There will be no General Meeting
in July.**

Coffee will be served, and it would be a great help if you brought your own cup in a bag to take home dirty.

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Groups

AMBLERS COFFEE&CHAT
CANASTA GARDENING
LOCAL HISTORY LOOSE ENDS TAI CHI
EXPLORING THE SHORT STORY POINTS of VIEW
BIRDWATCHING FILM GROUP MINDFULLNESS
YOGA for RELAXATION OUTDOOR BOWLING OUT & ABOUT

DUPLICATE BRIDGE CONGRESS - 4th OCTOBER 2024

The 2024 U3a Bridge Congress will be hosted by Belfast U3a on Friday, 4th October 2024. It will be held in the Balmoral Hotel, Black's Road, Belfast BT10 0ND [www.balmoralhotel-belfast.co.uk tel:028 9030 1234]

TIMETABLE

9.45am – 10.30am Registration (tea/coffee and scones)
10.30am – 1.00pm First Bridge Session
1.00pm - 2.00pm Lunch (Finger Buffet and tea/coffee)
2.00pm - 4.00pm Second Bridge Session
4.00pm - 4.30pm Prize-giving and Close

The cost for the day (to include tea/coffee, scones, lunch, bridge and prizes) will be £24.00

Numbers are limited to 100 – U3a members only. Entries will be accepted on a first come basis. Partners are required. Booking will start on Monday 12th August and end on Friday 13th September (we need to finalise for the hotel)

The preferred payment method is by cheque. Please make the cheque payable to Belfast U3a and write "Congress" on the back. Post the cheque, along with your full contact details (email address and / or phone number) to Jim McDonnell, 75 Garvey Manor, Lisburn, BT27 4DQ. Also include the name of your U3a, the name of your playing partner and any special dietary or other requirements.

You can also pay by Bank Transfer:

Name of Account: Belfast U3a
Account Sort Code: 95 06 79
Account No. 70004375
Reference your name

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If you choose to pay by bank transfer, it is important that you contact Jim by email and tell him the BACS reference that you used, along with your full contact details, the name of your U3a, the name of your playing partner and any special dietary or other requirements.

For further information contact Jim McDonnell:

Tel: 07976880981 email: jim.belfastu3abeacon@gmail.com

AMBLERS

Thursday 27th June.

Whitehead lighthouse .

Meet at Whitehead train station at 10.30.

Train leaves Lanyon Station at 9.55.

Glider or bus will leave you at Lanyon but if you want to take the train.

Hollywood- 9.21 or Sydenham - 9.26.

No walks in July.

8th August

Castlewellen Forest Park.

An amble round the lake.

There is a charge of £5 per car.

Meet in the car park at 11 o'clock.

Car share from CIYMS at 10 o'clock.

22nd August

The Sunflower Field Portglenone.

Meet at the entrance at 11 o'clock.

Small entrance charge for charity.

Car share from CIYMS at 10 o'clock.

Everyone is welcome on the Ambles.

The only thing we can't promise is sunshine.

BIRD WATCHING

Our proposed visit in July will be a week later than usual on Friday 19th July. We plan to visit Victoria Park, meeting in the car park at 10.30. Further information will be sent to group members closer to the time.

Arlene & Dorothy

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CANASTA

Closed for July and August.
Next meeting- Friday 6th September .

Enjoy your Summer.

COFFEE & CHAT

No meetings in July or August
Why not join us for lunch at Montalto?

EXPLORING THE SHORT STORY

Exploring the Short Story usually takes a break over the summer months of July and August and will do so again this year. The group reconvenes in the autumn, on Wednesday, 11 September, from half ten to half twelve via Zoom, with members receiving the short story and Zoom link in advance. New members are very welcome. Please contact the convenor for more information.

FILM GROUP

The film club will be having a break over the summer**...but hopes to be back to normal in September.

I hope everyone gets to enjoy some summer sunshine.

**If a good movie turns up over the summer I'll message the group with details if anyone wants to join me at the Omniplex.

Thanks

Thank you.

Honor

GARDENING GROUP

Our last garden visit of the season will be to a member's garden in Ballygowan on Thursday 25th July. Booking will be required and details will be circulated to the group nearer the time. There will be no visits or meeting in August.

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LOCAL HISTORY

No meeting during July.

Wednesday, 7th August. Outing to Londonderry. Travel by train. Approximate cost for coffee, lunch and guided tours £25.

For further information please contact Heather Dickson at hdickson8553@gmail.com .

LOOSE ENDS

We are taking a break in July and August. Members will be contacted by email with details of any future events. Enjoy the summer.

Sandra and Valerie

OUT & ABOUT

Trails, Gardens and lunch - £10.

Montalto Estate, Spa Road, Ballynahinch BT24 8PT.

Tuesday 27th August.

Meet at 11 o'clock at the ticket office in the Stable Yard.

Car share from CIYMS at 10 o'clock.

To book at the general meeting put £10 in an envelope with your lunch choice.

Soup and wheaten bread or

Sausage roll or

Bacon Butty or

Luxury scone

With tea or coffee.

Come and meet up after the summer break.

OUTDOOR BOWLING

We play every Tuesday afternoon at Seapark sports grounds at 1.30pm for an hour and a half.

If you would like some relaxed recreation, please come along and give it a try.

All you need is a pair of flat shoes. We will have some bowls you can use.

POINTS OF VIEW

Points of view next meeting will be in September.

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TAI CHI QIGONG

We hope to do some outdoor sessions in July down by Seapark weather permitting, dates for these will be announced later.

Contact me if you have any questions or want more information at yadirishswiss@gmail.com.

Yvonne Dumas

"Quiet the mind and the soul will speak."

YOGA FOR RELAXATION

There will be no yoga classes during July and August and they will restart again weekly on Thursdays on 5th September at 10:30 in the Old School House Hollywood.

MEMBERSHIP

Membership (£20) was due by 1 April. This can be done either in person at the next General Meeting, by cheque or cash and posted to the Membership Secretary or by BACS.

Hollywood District U3A
Sort Code 089299
Account no 65698884

Liz Jones
5 Alexandra Park
Hollywood
BT18 9 ET
Sent from my iPhone

membership@hollywoodu3a.org