



**HOLYWOOD DISTRICT U3A
MONTHLY MEETING
U3A GENERAL MEETING**

**Friday 24th February 2023
@10.30**

In the Queen's Hall, Hollywood.

Mark Doherty

Walking the Line

Mark is a green and white badge tour guide, storyteller, writer, History and Nature Nut who runs quirky tours around Belfast and beyond.

If anyone would like the zoom link for the General Meeting on Friday 24th February 2023, please let us know at

groups@hollywoodu3a.org

Coffee will be served and it would be a great help if you brought your own cup in a bag to take home dirty.

Groups

**AMBLERS CREATIVE WRITING COFFEE&CHAT
CANASTA OUTDOOR BOWLS GARDENING
LOCAL HISTORY LOOSE ENDS TAI CHI**

EXPLORING the SHORT STORY POINTS of VIEW *BOOK CLUB TAI CHI*

MEMBERSHIP

Members are advised that they need to renew Membership for the year 1 April 2023 - 31 March 2024. Renewals can be done by the following methods

BY CASH - At General Meeting or through the door of Membership Secretary (5 Alexandra Park, Holywood, BT18 9ET)

BY CHEQUE - At General Meeting or by post to above address. Cheques to be made out to Holywood U3A

BY CARD - At next General Meeting

BY BACS- Please contact Membership Secretary for details.

membership@hollywoodu3a.org

AMBLERS

Stormont Estate

Thursday 9th March at 10.30

Meet at the Massey Avenue entrance.

Lagan Adventure

Thursday 23rd March at 10.35

Meet at Lanyon Place train station

Train leaves Holywood at 10.16

Sydenham at 10.21

Everyone is welcome to join us on the Ambles.

Walking boots, poles and a high level of fitness are not required!

BOOK READING GROUP

Our next meeting is Tuesday 28th Feb. 2023, 2-4pm.

Venue the Library Holywood.

Our next novel is 'The boy in the field' by Margot Livesey.

The book is now available from the Library desk.

We meet in March on Tuesday 28th 2-4pm

Members will be notified of the book.

Enjoy.

Regards Lesley & Prince

Contact groups@hollywoodu3a.org for any queries

CANASTA

Friday 3rd and Friday 24th March

Hollywood Golf Club at 10 o'clock

NB no Canasta on Friday 17th March to give everyone the opportunity to celebrate St Paddy's day in their own way.

Everyone is welcome to come to the Canasta.

If you can't play you will soon learn.

COFFEE & CHAT

McKee's Country Store and Restaurant

28 Hollywood Road, Newtownards BT23 4TQ

Tuesday 14th March at 10.30

All welcome

EXPLORING THE SHORT STORY

In honour of what we expect will be warmer weather and sunnier skies in March, Exploring the Short Story will be reading a story about spring, or rather, new and fresh beginnings, its thematic equivalent. Several stories are already in consideration by the convenor. However, now it's just a matter of choosing the one that is less heartbreaking. Fellow EtSSers know: it sure is hard to find a happy short story.

EtSS meets next on the 8th of March, from half ten to half twelve, from the comfort of everyone's home, via Zoom. Group members will be sent the least sad story and Zoom link closer to the time.

GARDENING GROUP

VENUE – THE OLD SCHOOLHOUSE, 92 CHURCH ROAD, HOLYWOOD

Mon 20th Mar - “New vision.....New garden” – An illustrated talk by Billy McCone, garden designer and the NI representative of the Irish Garden Plant Society (IGPS). Meeting at 10.15am in the Old Schoolhouse, Church Road.

Thurs 6th Apr – Garden visit to Old Balloo House and Barn, Killinchy. Booking will be required but more details closer to the time.

To join our Gardening Group see the Gardening Group section on the Holywood District u3a website for details. New members very welcome.

LOCAL HISTORY

The next History Group meeting will be on Wednesday, 1st March at 10.30am in the Auld Room, Holywood Library.

The speaker is Bob McCartney and he will talk about 'His Journey to becoming a top barrister in N.Ireland'.

Meetings will be in Room 4 of Holywood Library.

For further information please contact Robin Masefield: rmasefield@hotmail.com

LOOSE ENDS

Sunday 12th March 1pm. Lunch at Noble, Church Road, Holywood

I booked 16 places and have had 9 replies so far. We would be very happy for you to join us, so send me your name(s) by replying to flynn.sandra@gmail.com and I will put you on the list.

I will be circulating the menu when it appears on Noble's website in early March.

Sandra and Valerie

Photography Group

Are you interested in joining a group to help one another take better photographs? The group will meet monthly, and will encourage members to share examples of photographs and learn from each other.

We may agree a monthly theme for members to work on, and will share the photographs.

If members are interested, we may arrange for a series of tuition sessions from a visiting expert.

You don't need to have an expensive camera. We expect smartphones and pocket cameras as well as more expensive models.

If you are interested please contact Paul Weir by email,
photography@hollywoodu3a.org

POINTS of VIEW

Points of View is on the last Monday of each month at 10.30am in The Old School House.

Points for discussion: 27th Feb

'Would a United Ireland solve Northern Ireland's problems?'

27th March 'The effect of Social Media in today's world'

Tai Chi Qigong

Tai Chi, Qigong is an ancient form of Chinese exercise. It consists of slow, smooth, continuous movements that are designed to improve health, wellbeing and focus. The one hour sessions start with a period of guided meditation and then warm up exercises before moving into the 18 Forms, known as Shibashi. These Forms are simple and easy to learn by everyone.

The current Tai Chi Qigong session will end on February 28th as I'm taking a break and jetting off on holiday. The new session will start again on March 28th and will run for probably 6 or 7 sessions, yet to be decided. Classes take place at 10:30 on Tuesday mornings in the old school house, the maximum number of people we can accommodate is 25. Please sign up by sending an email to groups@hollywoodu3a.org as soon as possible.

I like to think that we are a warm and welcoming group.

Yvonne Dumas, group leader.

(P.S. you are welcome to contact me via email if you have any questions or concerns, yadirishswiss@gmail.com)

"Quiet the mind and the soul will speak."

TO ALL HOLLYWOOD DISTRICT U3A MEMBERS

WE NEED YOUR HELP!

Each u3a is run by the members for the members

What can you offer Hollywood District u3a?

COMMITTEE (held on first Monday of each month in the Old School House)

The committee is looking for new members. It is a happy and productive team. Could you be a part of it?

GENERAL MEETINGS (held on last Friday of each month in Queens Hall)

Could you help with:

- Meeting and greeting
- Helping with refreshments
- Acting as a scribe to take notes on the Speaker's topic to put on our website

NEW GROUPS

We would love to have new groups running. Groups usually meet once a month but the timing would be your choice.

If you have a special interest in a craft, topic or activity consider starting a group. The committee would help with the set-up and hire of a room.

Hollywood District u3a has been running successfully for nine years. Please help it to continue to provide Education, Entertainment and Friendship to its members.

If you can offer help in any way please either:

Speak to a committee member at the General Meeting or contact us via email secretary@hollywoodu3a.org

